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Dear.

Ade Reza Haryadi, Abdurrahman Hamid

Thank you for submitting your best article to be published on **Menulis: Jurnal Penelitian Nusantara** with the title:

"Analisis Penerapan Terapi Relaksasi Genggam Jari dan Napas Dalam Untuk Menurunkan Tekanan Darah Pada Lansia Penderita Hipertensi"

Based on the results of the review and the decision of the editorial team, the article is declared **ACCEPTED** for publication in the **Menulis: Jurnal Penelitian Nusantara** edition **Volume 2 Number 1 Januari 2026**.

Thus we submit this letter of information to be used as it should be, we express our gratitude.

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Kisaran, 24 January 2026

Editor In Chief



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