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Letter of Acceptance (LoA)

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Dear Author(s):

Azroli Saldi, Ledia Restipa, Sari Indah Kesuma

We are pleased to inform you that following the formal peer-review process and editorial board evaluation on **Gudang Jurnal Ilmu Kesehatan**, your scientific manuscript described below:

Article Title	:	**"Pengaruh Progressive Muscle Relaxation (PMR) terhadap Penurunan Tekanan Darah pada Lansia Hipertensi di Puskesmas Lubuk Buaya Padang tahun 2025"**
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Has been officially **ACCEPTED** for publication in the specified journal volume and issue. This Letter of Acceptance (LoA) serves as an official confirmation of acceptance prior to online publication on the journal's portal. Thank you for contributing your high-quality research to our journal.

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Kisaran, November 21, 2026

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